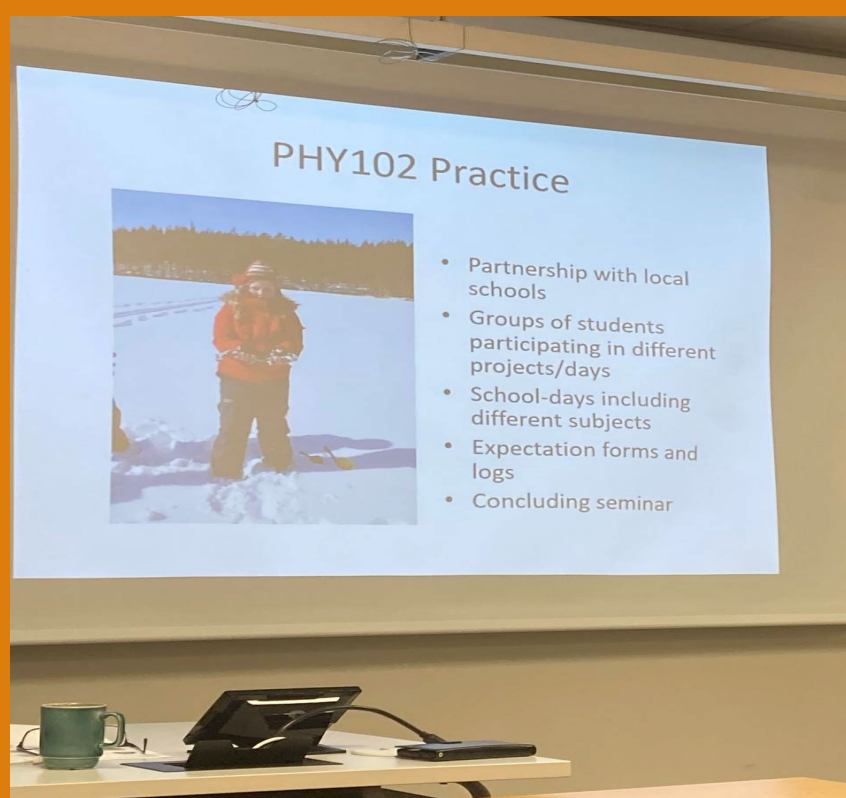
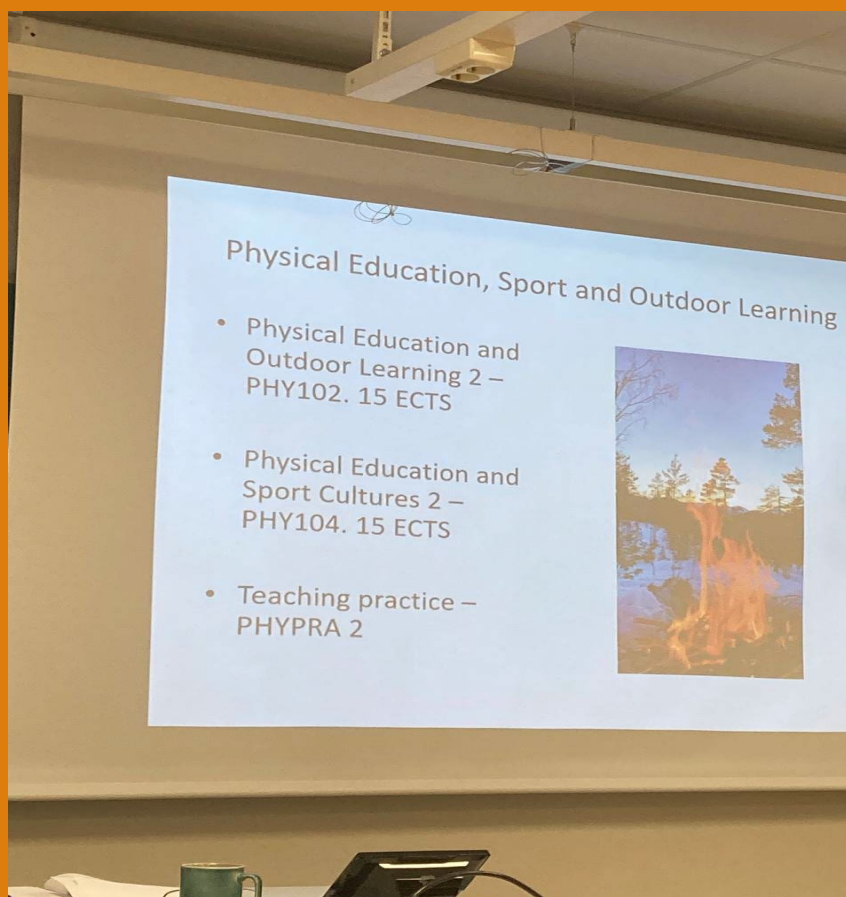



**9 січня 2023 року відбулась презентація програми Physical Education, Sport and Outdoor Learning (Norway, Notodden) академічної мобільності студентів спеціальності «Початкова освіта»**




PHY102  
PE, Sport and Outdoor Learning 2

- Daytrip ice-fishing
  - Skiing (ice skating)
- 2-days trip to Area GrønkJær
  - Skiing
- 3-days trip to Blefjell
  - Skiing
- 3-days trip to Sønstevatn/Tjågevatn
  - Canoeing
- Theoretical discussions and presentations
- PHY102 Practice
  - Days in schools




Lessons PEOL - theoretical topics  
Examples:

- «Friluftsliv» in winter
- Historical and cultural perspectives
- Nature as place for learning and experiences
- Nature and risk
- Friluftsliv and sustainability



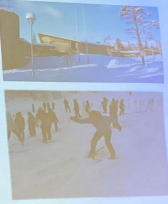
PHY104  
PE and Sport Cultures 2

- Practical activities
  - Ice-skating
  - Cross country skiing
  - Snowboard
  - Climbing/bouldering
  - Ski-course
  - Didactics
- Theoretical discussions and presentations



## Ski-course in Rauland


- Together with Norwegian students
- Activities:
  - Playing on skies
  - Cross-country skiing
  - Tasks
- History and culture
- Social
  - Enjoy good company
  - Make some new friends



## Lessons PESC - theoretical topics

Examples:

- Different topics discussing sports and PE in a cultural perspective
  - History of skiing and winter sports
  - International issues in sports and PE
  - Winter activities in PE in school
- Project «Sports and the Media»



## PHYRA2

### Practice in school

- Week 7
- Groups of 4/5 students in each school
- Meeting and planning
- Expectation form
- Written report
- Evaluation

